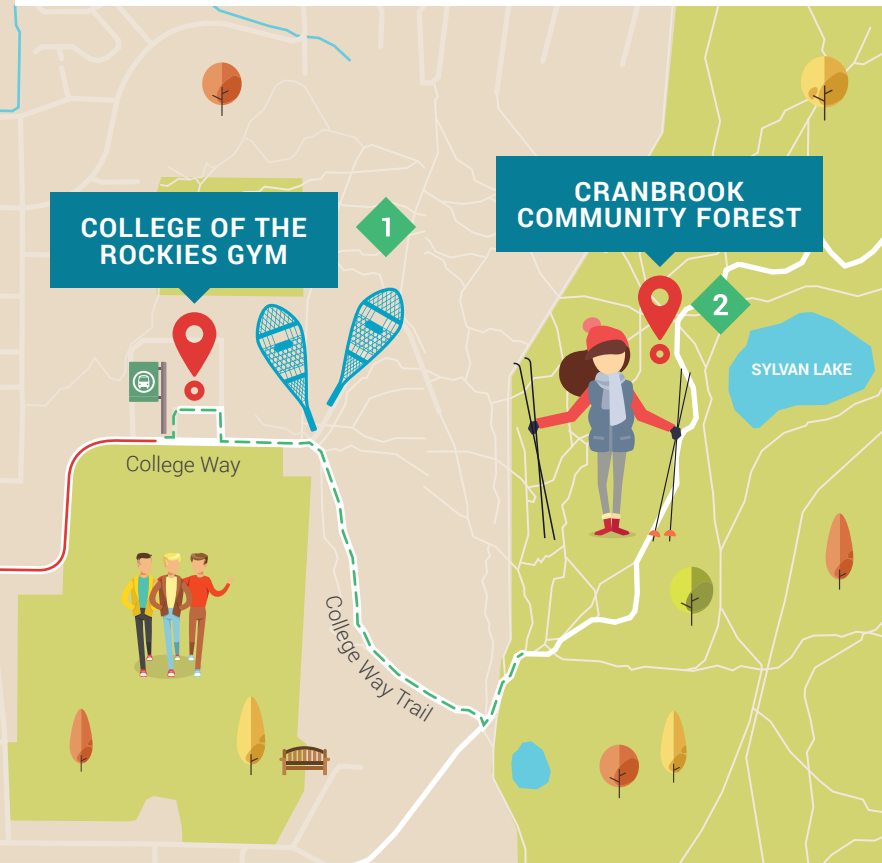


CRANBROOK

Start your day off with a visit to the gear rental shop at **College of the Rockies** to pick up a pair of cross-country skis or snowshoes then hit the trails in the **Cranbrook Community Forest**. After taking in the sights around Sylvan Lake, hop back on the bus to **ARQ Mountain Centre** to try your hand at indoor rock climbing.



1 RENT CROSS-COUNTRY SKIS OR SNOWSHOES FROM COLLEGE OF THE ROCKIES GYM

2700 College Way

Route: [5 College](#)

Stop: College

Notes: Rentals available from Student Life office by cafeteria

2 EXPLORE CRANBROOK COMMUNITY FOREST

Notes: 15 minute walk from College stop; Walk from College to Forest entrance along "College Way Trail"

3 INDOOR ROCK CLIMBING AT ARQ MOUNTAIN CENTRE

1924 Industrial Road 2

Route: [5 College](#) to Downtown, exchange Downtown to [4 Slaterville](#)

Stop: Mission Place

Notes: 5 minute walk

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